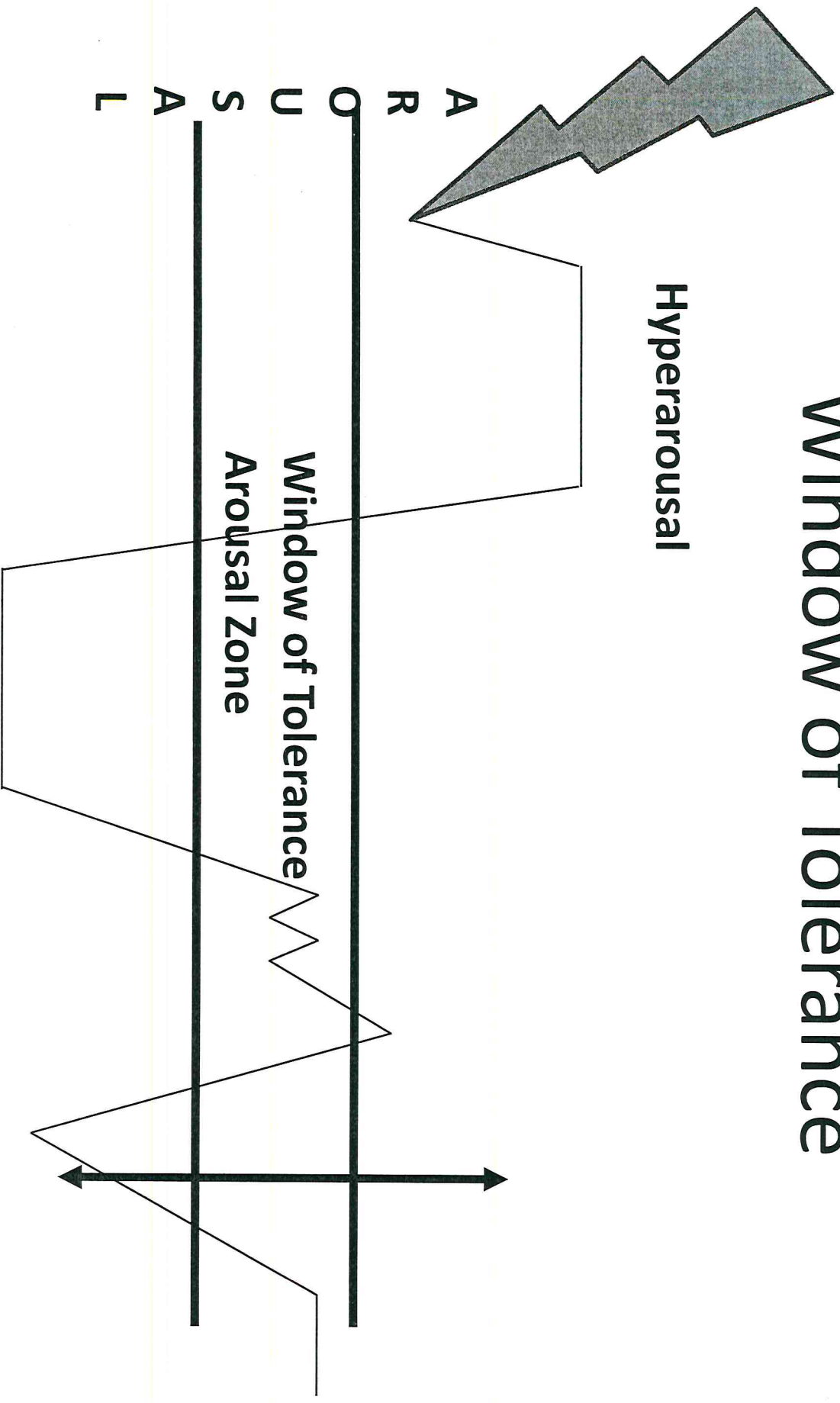


# Window of Tolerance

Hyperarousal



**Hypoarousal**

(Levine, 1997; Siegel, 1999; Ogden and Minton, 2000; Porges, 2005)